

I was asked to post a clarification of the Rogers Flashlight technique, so here it is.

At the Rogers School, we teach the students to straddle the magazine catch with the middle finger and thumb of the right hand. We call this "making a tunnel" for the light.



The light is then pressed against the groove between the two digits rather than against the weapon itself. This picture does not show the grip on the light itself, just the positioning of the light against the firing hand.



Seen from a front angle



The flashlight is gripped between the forefinger and the middle finger with the switch at the base of the thumb. Each person needs to find their individual grip so they can repeatedly index the light the same way.



The gripped flashlight is then placed against the tunnel formed by the thumb and middle finger of the other hand. Note that the flashlight does NOT touch the weapon.

This accomplishes two things,

- a) protects the magazine catch from the light, and
- b) helps index the light repeatedly in the same spot.



The object is that the flashlight should be coaxially aligned with the bore of the weapon in both axes.

The vertical axis.



And the horizontal axis.



I have a high tech solution to help me repeatedly index the light the same way - a 1 inch O ring with a rubber band to keep it from sliding rearward. Unsophisticated but it works better than anything else I have tried.



Note that I grip the light with the upper finger forward of the O ring and the lower finger behind it. This reduces the tendency to point the light low, which is the most common problem with the Rogers technique.

